

**eliminating racism
empowering women**
ywca

Central Massachusetts

Position: Aerobics Instructor

Accountability: Health & Wellness Center Director

Hours of Work: Wednesday, 9:00am-10:00am and/or Thursday, 9:00am-10:00am and/or
Tuesday, Noon – 1:00pm and/or Thursday Noon – 1:00pm

Location: Worcester

CORI Required: No

About the YWCA Central Massachusetts

For more than 125 years, the YWCA Central Massachusetts has served as a life-long positive force for women and girls, their families and communities. By leveraging the reach, power and passion of our members and supporters, we have created lasting change.

The YWCA Central Massachusetts offers a wide range of programs, including early education & care; domestic violence services; career assistance; healthy lifestyle promotion. Our services strengthen women and girls in the community, helping them to realize their full potential.

General Function:

Teach aerobics class to children and adults.

Qualifications:

- Experience in Fitness field with basic knowledge of cardiovascular and strength training
 - Demonstrated skills in providing quality customer service; ability to relate to people of diverse attitudes and interests
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How to apply:

If you are interested in applying for any of the above positions please complete an Employment Application and send the completed application and resume to:

Email: HR@ywcaworcester.org

Fax: Human Resources at 508-754-0496

Mail: YWCA Central Massachusetts
Attn: Director of Human Resources
1 Salem Square
Worcester, MA 01608-2090

The YWCA Central Massachusetts is an Affirmative Action/Equal Opportunity Employer.