

eliminating racism
empowering women

ywca

Central Massachusetts

i-YW

Develop. Empower. Advocate.

i-YW, an inter-collegiate leadership program, works to develop a community of young women leaders by incorporating proven best-practices, such as mentoring, experiential learning, community service learning, small group discussion and activities to foster bold leadership in its young women.

Through **i-YW**, female college students across Worcester come together to organize events on campus to raise public awareness about women issues, educate their peers, work with and support the YWCA Central Massachusetts, and mobilize advocates to speak out for women's rights and access to services.

i-YW also serves as

- a forum to discuss ideas
- an opportunity to learn more about oneself
- a fun way to meet new people

Participation Criteria

- Sophomores and juniors in colleges/universities throughout Worcester County
- Ages 18-21
- Minimum C+ average
- Submit completed application by posted deadline
- Have a successful face-to-face interview
- Attend, actively participate in, and be on time to all meetings
- Complete community service learning project

By and for Young Women

i-YW is a twelve week leadership skill-building experience created by and for young women. Topics covered in the program are:

- Genuine Networking
- Leadership Styles for Success
- The Art of Public Speaking
- Practical Money Skills
- Understanding Racial Justice
- Professional Development for Career Advancement

A number of talented, successful local women will join us and share their knowledge and skills as it relates to leadership in their lives and careers throughout the program.

For more information or to get involved in **i-YW**, please email ywlp@ywcacentralmass.org.

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Applicant Information

Name: _____ Date of Birth: _____

College/University: _____ Year: _____

Mailing Address: _____

Phone Number: _____

E-mail Address: _____

Do you have a job? Yes No Weekly Schedule: _____

Expectations

Participants are expected to attend to **all** meetings between January and May. Meetings will be held monthly at the various local campuses. Participants will also need to complete the community service learning project and participate in the Walk to End Violence and Stand Against Racism.

Are you able to commit to the above stated requirements? Yes No

If not, please explain your schedule conflicts: _____

What are your career interests? _____

Questions

Please answer the following questions on a separate sheet of paper. One—two paragraphs is an appropriate length for each response.

Tell us about your leadership experience.

What are some of your weaknesses that you would like to work on regarding leadership development?

What are your future plans and goals after you graduate?

What do you think others can learn from you?

Tell us something special about yourself and why you would be a good addition to the i-YW.

Submit

Please send your application with the following items:

- Include two teacher/administrator recommendations
- Your most recent college transcript

Send completed application to ywlp@ywcacentralmass.org or mail to:

Young Women's Leadership Project
YWCA Central Massachusetts
One Salem Square
Worcester, MA 01608